

Basic Requirements of Living at HIA

Program

- You are required to actively pursue completion of the HIA Program at all times. We don't allow apathy, stagnation or laziness. We do however allow hard work, progress and growth.

Rules

- You will follow ALL rules listed on HIA Rule Sheet.
- You agree that breaking ANY rule is grounds for dismissal of this program.

Meetings

- You are required to go to the following meetings:
 - Sunday Night – HIA Meeting at 6:30PM at Women's Home.
 - Wednesday – HIA Midweek Meeting at 7:30PM.
 - Saturday – Western Club Women's Meeting 10:00AM.
- You are required to attend 4 additional meetings per week from this list:
 - Western – 6:30AM, Noon, 5:30PM 8:00PM.
 - Celebrate Recovery – Monday at Henderson Hills, Friday at Crossings Community Church.
 - Pre-approved Church Life/Small Group Meeting.

Spiritual Life

- You are required to attend one church service of your choice every week.

Community

- You are required to complete your assigned monthly chore before the Sunday Night HIA Meeting.
- You are required to make your bed every day.
- You are required to shower every day.
- You are required to keep yourself, your room and your belongings clean, smelling good and picked up.

Physical Activity

- You are required to participate in at least one physical activity each week: Gym, Walking, Jogging, Soccer, Basketball.

Employment

- You are required to have a job or be enrolled full time (15 hours or more) in college
- If you do not have a job you are required to attend the 6:30AM meeting at the Wester Club